

| | DIVISIONS | | | | | | |
|-------------------------|------------------|-----------|------------|----------------|----------------|----------------|----------------|
| | 7U-8U | 9U | 10U | 11U-12U | 13U-14U | 15U-16U | 17U-19U |
| Ball size | 3 | 4 | 4 | 4 | 5 | 5 | 5 |
| Duration x4 (min) | 10 | | | | | | |
| Quarter Breaks | 2 | | | | | | |
| Duration x2 (min) | | 25 | 25 | 30 | 35 | 40 | 45 |
| Half Time Break (min) | 5 | 5 | 5 | 5 | 5 | 5 | 10 |
| Game Play Length (min) | 40 | 50 | 50 | 60 | 70 | 80 | 90 |
| Total Game Length (min) | 49 | 55 | 55 | 65 | 75 | 85 | 100 |