



Under 10 Playing Rules

Law I-The Field:

Dimensions: The field of play shall be rectangular, its length being not more than 70 yards nor less than 60 yards and its width not more than 50 yards nor less than 40 yards. The length in all cases shall exceed the width.

Markings: Distinctive lines not more than (5) inches wide. A halfway line shall be marked out across the field. A center circle with an eight (8) yard radius. Four corner arcs each with a two (2) foot radius.

Goal area: six (6) yards from each goal post and six (6) yards into the field of play joined by a line drawn parallel with the goal line.

Penalty area: fourteen (14) yards from each goal post and fourteen (14) yards into the field of play joined by a line drawn parallel with the goal line.

Penalty Spot: eight (8) yards out from center of goal line.

Goals: 6 x 18 feet maximum. Goals may be smaller.

Law II-The Ball: Size four (4)

Law III-Number of Players: Maximum number of players on the field at any one time is eight (8) including the goalkeeper. Minimum number of players to start or continue a game is 6.

Maximum number of players on the roster should not exceed 12.

Substitutions: At any stoppage of play with the permission of the referee.

Playing time: Each player should play a minimum of 50% of the total playing time.

Law IV-Players Equipment: Players may not wear any item of equipment that may be dangerous to themselves or others. Tennis shoes or soft-cleated soccer shoes are recommended. Shin guards are mandatory.

Law V-The Referee: An official licensed referee will be assigned to each game.

Law VI-Assistant Referee: Two (2) official licensed assistant referees will be assigned to each game when available.

Law VII-Duration of the Game: The game shall be divided into two (2) equal halves of twenty-five (25) minutes each, There shall be a half-time break of five (5) minutes.

Law VIII-The Start of Play: Conform to FIFA, with the following exception: Opponent must be eight (8) yards from the center mark while kick-off is in progress.

Law IX-Ball in and Out of Play: Ball must completely cross line to be "out of play". Ball is "in play" if any part of the ball is on or above the line.

Law X-Method of Scoring: Conform to FIFA- ball must completely cross goal line, between posts and beneath crossbar to count.

Law XI-Off-Side: Conform to FIFA

Law XII-Fouls and Misconduct: Conform to FIFA

Law XIII-Free Kicks: Conform to FIFA with the following exception: Opponents must be eight (8) yards away before kick is allowed.

Law XIV-Penalty Kicks: Conform to FIFA with the following exception: Opponents must be eight (8) yards away before kick is allowed.

Law XV-Throw-In: Conform to FIFA

Law XVI-Goal Kick: Conform to FIFA

Law XVII-Corner Kick: Conform to FIFA with the following exception: Opponents must be eight (8) yards away from the ball.