



# KYSC Academy

In Cooperation with Albion Hurricanes FC West



The Katy Youth Soccer Club Player Development Program  
*Supplemental Training for Girls and Boys U8 - U16*

**New for the fall: online registration ONLY & limited number of registrants**

*Katy Youth Soccer Club (KYSC)* is pleased to sponsor KYSC Academy for U8 - U16 players. Led by Albion Hurricanes FC West (AHFCW) Girls Director of Training, Ivan Ruddle, and AHFCW Boys Director of Training, Brian Haynes, this optional program is designed to help our young players develop their technical skills and to supplement their regular KYSC team practices and games. Players will still practice and play their regular spring season schedule with their KYSC team but will learn skills that will enhance their contribution. Players currently registered with KYSC and born between August 1, 1994 and July 31, 2003 are eligible.

**Sessions are conducted on Friday nights @ Katy Park**

Sept.17 Sept. 24 Oct. 1 Oct. 8 Oct.15 Oct. 22 Oct. 29 Nov. 5

- Eight sessions are anticipated, weather permitting
- **Cost: one-time registration fee of \$21 (covers all eight sessions)**

*T-Shirt Included in Registration Fee*

- **Registration will only be accepted online and begins on August 23 at [katyyouthsoccer.com](http://katyyouthsoccer.com)**

**Themes covered include:**

- Ball Handling
- Turns
- Beating the Opponent
- Passing / Receiving
- Dribbling / Shooting

<u>Age Group</u>	<u>Birth Date</u>	<u>Duration</u>	<u>Time</u>
Under 8	(08/01/02-07/31/03)	1 hour sessions	5:30pm – 6:30pm
Under 9 Under 10	(08/01/01-07/31/02) (08/01/99-07/31/00)	1 hour sessions	6:30pm – 7:30pm
Under 11- Under 16	(08/01/94-07/31/99)	1 hour sessions	7:30pm – 8:30pm

**All players** will increase their enjoyment through development of Coordination, Technical Abilities, Conditioning, Tactics, and Knowledge of the Rules.

**All players considering trying out for Albion Hurricanes FC West or High School teams** will receive excellent preparatory training.

**Questions? Contact:**

**Mark Torti**

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# KYSC Academy

## Player Development Program



### Goal and Objectives

Katy Youth Soccer Club, in cooperation with the professional trainers of Albion Hurricanes FC West, is proud to present the KYSC Academy Player Development Program. The goal of the Academy is to introduce the skills needed to play soccer at a competitive level. The players will use these introductory skills as building blocks from U-8 through U-10. If the player joins at the U-8 level and continues through U-10 and beyond to U11-16, does the homework and is an active and willing participant then, as he moves to the full size field in the 11 x11 game she/he should possess the ability to enjoy the game in a competitive environment.

The objective of the program is the development of the player incorporating the following principles:

- 1. Enjoyment** Enjoying cooperative play, learning to play and enjoying practice.
- 2. Coordination** Improving coordination of ball and body movement: gaining a feel for the ball.
- 3. Technical Abilities** All basic forms of movement and techniques with and without an opponent.
- 4. Conditioning** Improving quickness and coordination by running and playing games.
- 5. Tactical Skills** Playing within a designated space, learning to deal with typical situations that develop within that space.
- 6. Knowledge of Rules** Adhering to rules of game and sportsmanship.
- 7. Competitive Application** Opportunity to apply all of the above in fun, competitive, game situations with other Academy team members.

### Contact:

**Mark Torti**

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