



KYSC Academy Player Development Program



Goal and Objectives

Katy Youth Soccer Club, in cooperation with the professional trainers of Albion Hurricanes FC West, is proud to present the KYSC Academy Player Development Program. The goal of the Academy is to introduce the skills needed to play soccer at a competitive level. The players will use these introductory skills as building blocks from U-8 through U-10. If the player joins at the U-8 level and continues through U-10 and beyond to U11-16, does the homework, and is an active and willing participant, then as they move to the full size field in the 11 x11 game they should possess the ability to enjoy the game in a competitive environment.

The objective of the program is the development of the player incorporating the following principles:

- 1. Enjoyment** Enjoying cooperative play, learning to play and enjoying practice.
- 2. Coordination** Improving coordination of ball and body movement: gaining a feel for the ball.
- 3. Technical Abilities** All basic forms of movement and techniques with and without an opponent. (See Training Outline at katyyouthsoccer.com)
- 4. Conditioning** Improving quickness and coordination by running and playing games.
- 5. Tactical Skills** Playing within a designated space, learning to deal with typical situations that develop within that space.
- 6. Knowledge of Rules** Adhering to rules of game and sportsmanship.
- 7. Competitive Application** Opportunity to apply all of the above in fun, competitive, game situations with other Academy team members.

Contacts

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