

COACHES' MANUAL



FALL 2011

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Board of Directors

Office	Name	e-Mail
President	Ken Bravenec	president@katyyouthsoccer.com
Executive VP Coaches	Chris Hines	vpcoaches@katyyouthsoccer.com
VP Registrar	OPEN	registrar@katyyouthsoccer.com
VP Boys	Al O'Dowd	vp-boys@katyyouthsoccer.com
Boys Age Commissioner U7-U8	Gene Zaeff	u7-u8g@katyyouthsoccer.com
Boys Age Commissioner U9-U10	Jody Popkowski	u9-u10b@katyyouthsoccer.com
Boys Age Commissioner U12-U14	Chris Sanders	u12-u14b@katyyouthsoccer.com
VP Girls	Justin Osbourne	vp-girls@katyyouthsoccer.com
Girls Age Commissioner U7-U8	Gretchen Pausky	u7-u8g@katyyouthsoccer.com
Girls Age Commissioner U9-U10	John Garza	u9-u10g@katyyouthsoccer.com
Girls Age Commissioner U12-U14	Ginger Burke	u12-u14g@katyyouthsoccer.com
VP Coed	Marty Hensley	vp-coed@katyyouthsoccer.com
Coed Age Commissioner U5	OPEN	u5-coed@katyyouthsoccer.com
Coed Age Commissioner U6	Brandon Gilmore	u6-coed@katyyouthsoccer.com
VP Fields	Stacey Bravenec	fields@katyyouthsoccer.com
VP Referees	Dave Oram	referees@katyyouthsoccer.com
Secretary	Jason Gamble	secretary@katyyouthsoccer.com
Treasurer	Nancy Gutfranski	treasurer@katyyouthsoccer.com

Volunteers / Staff

Administrator	John Nichols	admin@katyyouthsoccer.com
Scheduling/Scorekeeping	Bob Fay	schedules@katyyouthsoccer.com
Webmaster	Holli Manaker	webmaster@katyyouthsoccer.com
Coordinator – Coaching Development	Eric Ecklund	coach-develop@katyyouthsoccer.com
Coordinator – Player Development	Mark Torti	player-develop@katyyouthsoccer.com
Coordinator – Referees	Linda Oram	ref-coord@katyyouthsoccer.com

Please direct any correspondence to:
 Katy Youth Soccer Club
 1450 W. Grand Parkway S, Suite G #135, Katy, TX 77494



Calendar

Pre-season Coaches' Meeting Times Square	August 25, 2011 6:00 pm to 7:00 pm U5-U8 Teams 7:30 pm to 8:30 pm U9 and Older Teams
Game Schedules Posted On line	See website.
Last Day for Coaches to Notify Players	August 29, 2011 (Monday)
Pre – season Coaching Modules Omni Hotel & Katy Park	Last weekend of August: August 27 – U6/U8 Module (Saturday) 10:00 am to 12:00 noon Classroom – Omni Hotel 1:00 pm to 4:00 pm Field work - Katy Park August 28 – U10/U12 Module (Sunday) 9:00 am to 12:00 noon Classroom – Omni Hotel 1:00 pm to 4:00 pm Field work - Katy Park Go to website for registration.
Last day for Schedule Change Requests	September 6 , 2011 (NO CHANGES FOR WEEK 1)
First Games	September 10, 2011
First Night of Friday Academy	September 16, 2011
Picture Day	September 17, 2011 @ Katy Park
Sno-Cone Day	September 24, 2011
Team Sponsorships Due	October 1, 2011 Mandatory to receive plaques, trophies, or medals at Coaches. Meeting.
Picture Day Make-ups	TBA – watch KYSC Website
Last Night of Friday Academy	November 4, 2011
U5-U8 Trophy Day	November 5, 2011 @ Katy Park.
Last Day of Games (U9 – U15 Trophies)	November 12, 2011
Rainout Make-ups	November 19, 2011
Spring Season Signup	December 15, 2011
Spring Coaching Clinics	Last weekend of February: February 25 – U6/U8 Module (Saturday) 10:00 am to 12:00 noon Classroom – Omni Hotel 1:00 pm to 4:00 pm Field work – Katy Park February 26 – U10/U12 Module (Sunday) 9:00 am to 12:00 noon Classroom – Omni Hotel 1:00 pm to 4:00 pm Field Work – Katy Park Go to website for registration.

Coaches' Checklist

- Complete STYSA KidSafe Adult Registration for background check.
- Attend age appropriate coaching courses as offered (see Coaching Development Program and Calendar sections of this manual).
- Determine time and place for your team meeting and/or first team practice, immediately following the coaches' meeting. Begin recruiting Assistant Coach and Team Representative.
- Contact all players on your team roster by the designated deadline (see Calendar).
- Meet with or talk to Assistant Coach and Team Representative to coordinate plans for team meeting.
- Conduct your team meeting (see Parent Meeting Sample Outline):
 - Hand out copy of team roster and season game schedule.
 - Obtain a volunteer for Team Representative, if you haven't already.
 - Obtain a volunteer to locate a Team Sponsor.
 - Hand out uniforms when available (pickup date and location to be announced on Club website).
 - Agree on time and location for regular season practices.
- Submit Team Sponsorship form and check to Brammer's by the designated deadline (see Calendar).
- Familiarize yourself with the procedures included in this manual.
- Follow game day procedures each Saturday, including handling of game card.
- Attend End of Season Coaches Meeting.

Coaching Clinics

Before the beginning of each season (or as early in the season as possible), KYSC will offer coaching clinics in conjunction with STYSA. These are licensing clinics and are referred to as “Youth Modules”. These clinics are mandated by STYSA and all coaches are required to have taken one within one year of becoming a coach. They are especially helpful for coaches who want to become more familiar with the game of soccer and/or are seeking assistance in preparing practice plans. **Coaches new to KYSC and/or the game of soccer are strongly encouraged to attend.** Returning coaches are invited to participate, as well.

Even Coaches who are experienced players themselves should attend to learn how to make the transition from “playing” the game to “teaching” the game.

Note: Dates for the Coaching Clinics are on the Calendar.

Topics covered in the clinic include the following:

- Age-Appropriate Coaching Philosophy
- Rules of the Game
- Team Organization
- Sample Practice Plans
- Sample Drills

These clinics are broken up into two parts consisting of classroom instruction and field work. Please bring an age-appropriate size soccer ball and water bottle to the field session. Come dressed to participate in the sample drills.

Contact the Coaching Development Coordinator to reserve a slot or for additional information.



Team/Field Information by Age Group

Age Group	Division	Max # of Coaches* Allowed on Sideline	Players On Field	Goalies ? (Y/N)	Max. Roster Size	Game Length (min)	Ball Size	Approx. Field Size (yd)	Approx. Goal Size (ft)
U17 - U19	III	3	11 aside	Y	18	90	5	L: 100-130 W: 50-100	8 x 24
U15 - U16	III	3	11 aside	Y	18	80	5	L: 100-130 W: 50-100	8 x 24
U13 - U14	III	3	11 aside	Y	18	70	5	L: 100-130 W: 50-100	8 x 24
U11 - U12	III	2	8 aside	Y	12	60	4	L: 70-80 W: 45-55	6 x 18
U10	IV	2	8 aside	Y	12	50	4	L: 70-80 W: 45-55	6 x 18
U9	IV	2	7 aside	Y	12	50	4	L: 45-60 W: 35-45	6 x 18
U8	IV	2	5 aside	Y	10	48 (4 qtrs.)	3	L: 25-35 W: 20-30	6 x 18 max
U7	IV	2	4 aside	N	8	40 (4 qtrs.)	3	L: 25-36 W: 20-30	6 x 18 max
U5/U6	IV	2	3 aside	N	10	32 (4 qtrs.)	3	40 x 20	4 x 6 or pop-up type

See U5/U6, U7, U8 & U9 Coaches Manual Supplements in Appendix for details

*Max # of Coaches Allowed on Sideline includes Coaches and Assistant Coaches.

**ALL KYSC PLAYERS MUST PLAY A
MINIMUM OF 50% OF EVERY GAME**

Applicable to ALL age groups.

Team Representative Responsibilities

Over the course of a season, a team will likely have some group activities that require some preparation and coordination among team parents, as well as, with the Club. Coaches are encouraged to select a volunteer parent for the role of Team Representative to assist with such activities.

What is a Team Representative?

No team is complete without a Team Representative. This is a parent who volunteers to lend a helping hand to the Coach. By doing so, the Coach is allowed to focus on coaching.

What does a Team Representative Do?

The Team Representative typically handles Uniform Pickup & Distribution, Pictures, Team Refreshment Schedule, Trophies and a Team Party at end of the season. Also, the Coach may utilize the Team Representative from time to time to assist in calling the parents of the players in case of rainouts, rescheduled games, etc. The Team Representative may also assist in finding a team sponsor and coordinating payment of the sponsorship fee.

Is being a Team Representative time consuming?

No. On average, a Team Representative spends only about 4 to 5 hours over the entire season.

Team Sponsorships

Team Sponsorship Program

Registration fees cover only a portion of KYSC expenses, so supplemental funding is necessary to ensure KYSC can meet its operational budget requirements from one season to the next without having to raise registration fees. Instead of fundraising programs (i.e. candy sales, concessions, etc.) to supplement registration fees, KYSC uses a mandatory team sponsorship.

The Annual KYSC Budget is set expecting that all teams will cover a \$200 team sponsorship fee. To the extent that any teams do not cover the fee, KYSC will be left with a shortfall in its operating budget for the upcoming season (Note: Failure to collect this fee will result in the team being ineligible for post-season play, withholding of awards, etc.).

Most teams have been able to obtain team sponsors with little to moderate effort. In the event that your team is unable to find a sponsor, the parents will be expected to cover the sponsorship fee. Please make every effort to obtain a team sponsor to avoid the parents having to incur the additional cost divided equally by the number of players on the team totaling \$200. If the team must cover the fee, make the check out to KYSC and send to:

Katy Youth Soccer Club
1450 W. Grand Parkway S
Suite G #135
Katy, TX 77494



In exchange for the team sponsorship fee, the sponsor will receive the following:

- Sponsors name on back of team jersey
- Team sponsorship plaque at end of season
- Acknowledgement on the KYSC web site

SEE CALENDAR FOR THE DEADLINE FOR SUBMITTING THE SPONSORSHIP FEE.

Team Sponsorship Procedure

The sponsor fee is \$200 per team.

KYSC is currently using BRAMMER'S ATHLETIC WEARHOUSE for screening sponsor names on the back of jerseys. This is a local business and supports many youth organizations in the area.

Here is what we need from each team:

- 1) Obtain sponsor
- 2) Fill out Team Sponsor Form **completely!**
- 3) Attach sponsor check in the amount of \$200 made payable to KYSC to the form.
- 4) Gather all jerseys and place in bag (Please wash them first!)
- 5) Attach form and check to bag
- 6) Deliver to Brammer's for screening. Call first (281-391-1441) and make sure they have ample time to screen your jerseys.

***** NOTICE *****

- KYSC only pays for the sponsors name on the back of each jersey. Due to contractual requirements related to a corporate sponsorship, there will be no team names screened on the front of the jerseys! **Printing of any child's name first or last is prohibited and is a violation of Kidsafe rules and regulations.**
- If your team sponsor provides an amount that is greater than \$200, the excess amount will be applied to the KYSC operation budget, and it will NOT be refunded to the team.
- See Calendar for the deadline for submitting the sponsorship fee.
- If a team is unable to find a sponsor, the parents will be required to assume responsibility for covering the sponsorship fee divided equally by the amount of players on the team totaling \$200.
- Trophies and Picture Plaques will be withheld at the end of the season for any teams failing to cover the required sponsorship fee.
- Sponsorship Form is located in the Appendix of this Manual.



Season Organization

On game day, teams U7 and older will occupy one side of the field and spectators will occupy the opposite side. Spectators of the team must remain on the same end as their team, but on the opposite side. Coaches will remain on their half of the field from the half way line to the top of the penalty box.

Uniforms

A player's uniform size is designated on their registration form during the registration process. Once the teams are formed, uniform sizes are taken from the registration forms, sorted by team and an order is placed with the designated uniform vendor. The vendor is requested to sort uniforms by team and package each separately before shipment.

The uniform packages that are provided to each team will include the requested uniform size(s) for each player on that the team's roster. When picking up uniforms from the Club, it is very important that you match the packing slip against the uniforms you receive. If errors are found, send an email to the Club Administrator with the specifics of the error (extra uniforms will not be available at hand-out and must be ordered). When handing out the uniforms, it is important to ensure each player receives the size that was designated on their Team Roster (this information is printed on the Team Roster copy given to each coach at the pre-season Coaches Meeting).

In the event a uniform-related problem arises (missing, wrong size due to Vendor error, etc.) NOTIFY THE CLUB ADMINISTRATOR VIA EMAIL AS SOON AS POSSIBLE. Ideally, all uniform issues will be settled before the first game of the season. Due to lead times in ordering replacement uniforms, your quick notification is key.

If a player is dissatisfied with the uniform size they requested, the Club Administrator will determine whether there are any extra uniforms available in the desired size and color. However, the Club does not carry an inventory of uniforms and the vendor will only replace uniforms that have some defect or material flaw. Therefore, it is unlikely that such a request can be accommodated.

Hard Casts

STYSA rules mandate that children may not participate in practices or games with hard casts. Casts (soft or hard) and hard braces or supports are NOT permitted. This is the case regardless of padding. Accordingly, we ask that our coaches abide by this rule.

Trophies

All trophies or medals provided by the Club will be distributed to the Coaches at the end-of-season coaches meeting before the final game weekend.

- Participation trophies for all players in the U5, U6, U7 and U8 age groups.
- Regular season – 1st and 2nd place trophies for players in the U9, U10 and Div. III (U12 and above) age groups.
- Trophies will be withheld for any teams failing to cover the required team sponsorship fee.



Practice Guidelines

Location

Since most teams consist of players from the same neighborhood, coaches are encouraged to find a nearby practice location. Keep in mind that the more convenient you make your practices, the higher your attendance is likely to be!

Most elementary schools have open areas that can be used for practices, and many neighborhoods have parks or common areas that can be used, as well. KISD does not allow outside groups to use fenced in areas or High School practice fields. Please do not attempt to use these areas for practice.

Teams may also practice at Katy Park on a first-come, first-serve basis. Albion Hurricanes F.C. leases fields from the Club and have priority on the following fields 6a, 6b, 7, 9, 11, 12 & 13. Fields 10, 11, 12 & 13 are reserved for Friday Night Academy on Friday evenings. Recreational teams have priority on all other fields. Please check the website for any changes to these reservations.

Note: The KYSC VP-Fields may elect to close Katy Park to practices if field conditions and/or weather conditions dictate. If the fields are closed, a notice will be posted on the KYSC website no later than 3:30 PM and on the Katy Park field status phone line at 281-392-5972. If weather is questionable please check the KYSC website before calling the weather line. We recommend that you check the KYSC website first, and then if you feel it is necessary to call the field status phone number have the Coach or Team Representative only call, for current field information before departing for a practice session or game.

Time / Day(s) of Week

Coaches are encouraged to discuss practice times with the parents and remain as flexible as possible. At your parent meeting, offer a couple of different weekdays and times to see what seems to be most convenient for everyone. Invariably, there will be some scheduling conflicts so be prepared to go with the consensus.

Number / Duration of Practices

U5 & U6 teams should hold one practice session per week. The session should not exceed one hour in length.

U7 & Above teams should not exceed two practice sessions per week. Practices should generally be about an hour in length.



Game Scheduling

Game schedules, when finalized, will be posted on the KYSC website at www.katyyouthsoccer.com. At the beginning of the season, and in the event of rain-outs, the schedule may be updated several times, so check the website frequently.

Rainouts

In the event of inclement weather, the KYSC VP-Fields will monitor playing conditions at Katy Park. If conditions are deemed to become unplayable and it becomes necessary to postpone games, notice will be posted immediately on the KYSC website. This information will also be available at 281-392-5972, but please ensure that only coaches call this number! Plan to show up for your game unless otherwise stated.

If it becomes necessary to postpone games due to weather or field conditions, KYSC VP-Coaches will either reschedule OR CANCEL all affected games. Rainout make-up schedules will be posted to the KYSC website by midweek following the cancelled games.

Rescheduling Games

With over eighty games scheduled each week, game rescheduling is generally impractical. Exceptions require Board approval, and will typically be granted only if it involves multiple players from at least one of the teams being unavailable due to a shared school related conflict.

Reschedule "Approval" will be at the sole discretion of KYSC.

KYSC policy for rescheduling of games depends on the age group of the team.

Rescheduling U7 to U19 Boys and Girls Teams

Coaches are encouraged to speak with their parents at the first team meeting about potential multi-player conflicts, as only one rescheduled game will be allowed, and the rescheduling request must conform to the following procedure:

1. There is a 14 day window for Coaches to ask for a game reschedule. The window begins from the day that the schedules are posted. No reschedule requests will be considered after this "window" period.
2. No reschedules are permitted for the first 2 weekends of game play.
3. Only one reschedule request is permitted per team for each KYSC season.
4. A scheduling request must be submitted to the appropriate VP: VP Girls or VP Boys.
5. KYSC will reschedule the game for an alternate date/time and advise both coaches by email of the new game details.
6. Fields will be booked and Referees provided to accommodate the new date.
7. Where possible rescheduled games will be held on a weekend to avoid weekday field availability issues.



Season Standings (U9 and above)

Per STYSA regulations, game results and season standings are only maintained for the U9 age groups and above. No official game results or season standings are maintained for the U8 age groups and below.

Game results and season standings are updated on a weekly basis on the KYSC website. Game cards are used as the basis for maintaining standings. Three points will be awarded for a win, one point for a tie, and zero points for loss or forfeit. Any game for which a completed game card is not received will be scored as a forfeit for the responsible team. The website is typically updated by the Wednesday of each week for games played in the prior week.

For U9 and above age groups - if, at the end of the regular season, teams are tied for 1st and/or 2nd place the following criteria will be used (in the order presented) to determine final ranking:

- If Teams A & B are tied for 1st place and Team B had the advantage in head-to-head play during the season, Team B would be awarded 1st place and Team A would be awarded 2nd place. For example: Teams A & B played only once during the season and Team B won 3-1. Team B would be awarded 1st place and Team A 2nd place.
- If Teams A & B are tied for 1st place and the teams were even in head-to-head competition (wins & losses), the team with the greatest goal differential (Goals scored minus Goals allowed) **WITHIN THE HEAD-TO-HEAD GAMES** would be awarded 1st place. For example: Team A defeats B in the first game 2-1, but B defeats A in the second meeting 4-0. Team B has a +3 goal differential while Team A has a -2 goal differential. Team B would be awarded 1st place and Team A would be awarded 2nd place.
- If Teams A & B are tied for 1st place, the teams were even in head-to-head competition and even in head-to-head goal differential, the team with the fewest overall goals allowed (over the entire season) would be awarded 1st place. Please note: The criteria for determining placement here is **GOALS ALLOWED**, not goals scored or overall goal differential.
- If two teams are tied for 2nd place, the same criteria listed above (in the order listed) would be used to determine which team was to be awarded 2nd place.
- If additional tiebreakers are needed both teams will be awarded trophies for the position for which they have tied and additional tie-breaker criteria may be applied, as based on the STYSA Administrative Handbook, at the discretion of the board of directors.

Invitational Tournament Play

Many soccer associations in the south Texas region sponsor invitational tournaments throughout the year for recreational and competitive teams registered with USYSA. A schedule of tournaments is maintained on the STYSA website (<http://www.stxsoccer.org>). Tournaments provide young players with an opportunity to compete against teams outside their local club, and typically provide an enjoyable experience for players and parents.

STYSA Post-Season Play

STYSA typically organizes post season tournaments for qualifying Div. III and IV teams. KYSC teams that finish 1st or 2nd in their groups may be eligible (depending on the number of KYSC participating players). Additional information on these tournaments is available on STYSA's website or through your VP.

KYSC teams are encouraged to participate in invitational tournaments. However, you should understand that the level of play is typically very competitive. Most tournaments are played over one weekend and each team typically plays two or three qualifying games on Saturday with the top teams in each age bracket advancing to semi-final and final games on Sunday. Tournaments typically charge an entry fee, and each team is responsible for paying their own entries fees for the tournaments.

KYSC teams are also responsible for playing their regular season fixtures within KYSC/KYSA over entering an invitational tournament. It is not fair to the other teams within KYSC to miss one or more of their regular season games because another team has decided to participate in an invitational tournament.

If you decide to register your team for a tournament, you will need to obtain the following:

- Official team roster signed by the Association Registrar
- Official STYSA player cards for each player (available from the Association Registrar) with photo and laminated
- Medical release forms for each player (some tournaments even require notarized medical release forms)



Game Card Procedures

Game cards provide the Club with records of games played and are mandatory for all U-7 and above teams. They are instrumental in the following areas:

- Providing an official record of each game played including:
 - Game result (kept for all levels even though standings are not kept for U-8 and below)
 - Goals scored (by team and by player)
 - Any cautions and/or ejections (yellow / red cards)
 - Any injuries which occurred during the game
 - Field conditions
- Providing the information necessary to pay the referees
- Used to update standings (U-9 and above) each week. Standings are usually posted to the website by midweek of the week following play.

****Note:** a game is considered a forfeit by the team responsible for submitting a game card if no game card is received.

Game Day Responsibilities

Home Team

The home team (listed first on the schedule) is responsible for the following:

1. Providing the Referee with a copy of the official team roster issued to you at the coaches' pre-season meeting.
2. Signing the Game Card upon completion of the game. (Visitor must sign also)
3. Placing the completed Game Card in the Game Card box at the Katy Park concession stand upon completion of the game if you win the game or in case of a tie.

Visitor Team

The Visiting team (listed last on the schedule) is responsible for the following:

1. Providing the Referee with a copy of the official team roster issued to you at the coaches' pre-season meeting.
2. Signing the Game Card upon completion of the game. (Home must sign also)
3. Placing the completed Game Card in the Game card box at the Katy Park concession stand upon completion of the game if you win the game.



Referee

The referee is responsible for the following:

1. Making sure the game card is completely filled out.
2. Noting all Scores on the game card by individual player, by half.
3. Totaling the scoring by half and recording the final scores.
4. Printing his/her name and the name of linesman.
5. Noting the field conditions.
6. Noting any Caution(s) or Ejection(s).
7. Noting any injury(s) and the seriousness of the injury(s).
8. Noting the conduct of the players and fans.
9. Signing the game card and returning it to the winning coach (or home team coach if a tie) immediately after the game.

****Note:** The referees will not be paid unless the game card is turned in.

- Following the game, the winning coach (or home team coach if a tie) must place the completed game card in the Game Card box at the concession stand. Failure to turn in the game card by 7:00PM on the Sunday immediately following the game will result in a forfeit by the responsible coach's team.

Each week the VP-Referees will receive a report containing the games refereed and the list of missing game cards. These reports will be used for payment of all referee fees for games played the prior weekend.

If you have any questions or issues regarding your referee, please contact the VP-Referees.

****Sample Game Card available for download from www.katyyouthsoccer.com**

Coaching Development Program

As KYSC registration continues to grow, there is an increasing need for more volunteer coaches. The Club recognizes that volunteer coaches come with varying levels of coaching experience and knowledge of the game of soccer. Consequently, KYSC offers several programs to assist new coaches in preparing practice plans and learning how to work with young players in various stages of development. In addition, these programs are intended to provide new coaches with an opportunity to enhance their knowledge of the game of soccer.

The Coaching Development Program offered by KYSC includes the following:

- Coaches' Manual
 - Comprehensive KYSC procedures guide (this book!)
- Coaches' Clinics (Youth Modules - STYSA Coaching Certification)
 - Age-Appropriate Coaching Philosophy
 - Rules of the Game
 - Team Organization
 - Sample Practice Plans



- Sample Drills

STYSA, KYSA and KYSC By-Laws require that all coaches complete an 'age appropriate' USSF coaching license within one year of coaching.

- US Soccer Federation (USFF) courses and clinics are offered by our Associations parent affiliate – South Texas Youth Soccer Association. More information can be found at <http://www.stxsoccer.org>.
 - KYSC hosts a number of these coaching courses / clinics each year.
 - USSF Coaching Courses and clinics are provided either free of charge or the fees are reimbursed for KYSC coaches upon completion.
 - Youth Module (or old "F" license) is required within one year of coaching start date
 - "E" License Course provided free to KYSC coaches based on demand.
 - "D" License Course provided free to KYSC coaches based on demand.
- Developmental Trainer
 - KYSC, through Albion Hurricanes FC, has experienced trainers available to assist all coaches with organizing and conducting practice sessions. Contact The Coaching Development Coordinator to schedule a 30 min session with your team during the Friday Night Academy.

Discipline, Protest and Grievance

The purpose of the KYSA Discipline and Protest (D&P) program is to promote and ensure uniformity and consistency in the application of the rules and procedures of KYSC, KYSA, STYSA and USYSA. In addition, the D&P program is intended to regulate and control unacceptable, unsportsmanlike and unfair behavior on the part of players, coaches, and parents in order to promote a healthy environment for youth soccer.

Typical matters brought before the D&P committee include:

- referee abuse or assault
- issuance of yellow and/or red cards to players and coaches for game-related behavior
- unsportsmanlike behavior on the part of coaches, players, or parents and complaints regarding unfair application of Club rules and procedures

The KYSA D&P program follows the guidelines set out in the STYSA Administrative Handbook. The D&P committee consists of various Board members as set out in the KYSA bylaws and is presided over by the VP-Coaches.

The D&P Committee may call disciplinary hearings to investigate allegations of misconduct. The D&P committee, following completion of a proper hearing, may render disciplinary action which may include, but are not limited to, probation, censure, suspension or other sanctions deemed appropriate based on the circumstances.

KYSA and KYSC strongly desire to offer a healthy and positive soccer experience to youth participating in the program. D&P matters will be taken very seriously to preserve the desired environment. KYSA will aggressively pursue matters involving referee abuse or assault.



It is the hope of the KYSA and KYSC Boards that few, if any, D&P matters will occur. The coaches play a pivotal role in setting an example for players and parents. **We ask and expect all coaches to lead by example and exhibit good sportsmanship at all times, and to address any undesirable behavior on the part of your parents and/or players before they escalate to a matter that must go before the Board Of Directors or a D&P Committee.**

All grievances and disciplinary matters should be brought to the attention of the KYSA VP-Coaches. As head of the D&P Committee, the KYSA VP-Coaches will determine whether a formal hearing should be convened to investigate a matter further.

Further information on the Discipline, Protest and Grievance procedures can be obtained from the KYSA VP-Coaches.

STYSA Codes of Ethics

KYSC is a Member Club of Katy Youth Soccer Association, which is directly affiliated with the South Texas Youth Soccer Association, and is fully supportive of the STYSA Codes of Ethics. These standards of attitude and behavior govern KYSC's expectations of the coaches, parents and players who participate in the Club.

Parents' Code of Ethics

- Preamble
As a parent, I play a special role in contributing to the needs and development of children. Through my encouragement and good example, I can help assure that all the boys and girls learn good sportsmanship and self-discipline. In soccer young people learn to work together, to sacrifice for the good of the team, to enjoy winning and deal appropriately with defeat – all while becoming physically fit and healthy. Best of all, they have fun.
- Support Your Child
Support your child by giving encouragement and by showing that interest in their team is very important.
Help your child work toward skill improvement and good sportsmanship in every game. Teach your child that hard work and an honest effort are often more important than victory – that way your child will always be a winner despite the outcome of the game!
- Always Be Positive
Parents serve as role models for their children. Become aware of this and work to be a positive role model. Applaud good plays by your child's team as well as good plays by the opposing team. Support all efforts to remove verbal and physical abuse from youth sports activities.
- Remember That Your Child Wants to Have Fun
Remember that your child is the one playing soccer, not you. It's very important to let children establish their own goals and play the game for themselves. Take care not to impose your standards and goals on them.
Children play for the fun of playing.



Reinforce Positive Behavior

Positive reinforcement is the best way to help your child achieve their goals and overcome their natural fear of failure. Nobody likes to make mistakes, but if your child does make one, remember it's all part of learning. Encourage your child's efforts positively by pointing out the good things your child has accomplished.

- **Don't Be a Sideline Coach or Referee**

Coaches and referees are usually parents just like you. They volunteer their time to help make your child's soccer experience a positive one. They need your support too. That means refraining from coaching or refereeing from the sidelines. As a volunteer organization, there is almost always an opportunity for you to take your interest in coaching or refereeing to the next level and become one yourself!

Players' Code of Ethics

I will play soccer for the enjoyment of the game.

I will show respect to all involved in the game:

- Referees
- Coaches
- Parents
- Spectators
- And most of all to the players, both on my team and the opposing team, for without the other players, the game would not be played.

I will conduct myself with dignity and obey the laws of the game.

Coaches' Code of Ethics

I coach because I want to help young people mature into well adjusted, productive adults with strong character and because I want these young people to get a proper exposure to the fun and exciting game of soccer. In short, I want them to enjoy soccer and sports and to grow up well adjusted.

1. My actions and personal manner will be a good example for young people to follow.
 - a. I will treat all players, coaches, administrators, parents and referees with the respect and courtesy I desire for myself.
 - b. Any dissatisfaction I want to express will be stated in a private forum and in a restrained and civil manner.
 - c. I will respect and honor the beliefs and sensitivities of all players, coaches, parents, administrators, and referees.
2. No matter how selected, I recognize that all players on my team have value, both as players and as people.
 - a. If I select players for a competitive or select team, I will do so recognizing that players are on the team to play, not to watch.



- b. If I am assigned players for a recreational team, I recognize that all have signed up to play and have fun and, except for health or disciplinary reasons, I am committed to playing each player at least fifty percent of the game and in a manner that seems fair to all players and parents.
 - c. As a coach it is not appropriate for me to teach the players "life is not fair"; they will learn enough of that on their own. My job is to make the soccer part of their life as fair as possible, no matter what the level of competition.
 3. I will be prepared for each game and practice.
 - a. For practices I will have a practice plan that efficiently uses the time available and teaches the players important skills and strategies for the game of soccer.
 - b. For games I will have a game plan that will utilize the talents of all my players to the utmost while insuring that each player feels needed and respected.
 4. I will be an encourager, not a discourager.
 5. I will follow all the Laws of the Game and will abide by all the administrative procedures of my club, local association, South Texas Youth Soccer Association, United States Youth Soccer, and the United States Soccer Federation.
 6. I will do my best to make soccer a fun game for all to enjoy.

Water Breaks

Water breaks will be granted at the U9 level and above for proper player hydration and safety. This break will be given at a normal stoppage of play during the midpoint of each half and will be mandatory based on the following conditions:

- The heat index is above 85° at game time as determined by a league official onsite at the fields.
- If requested by either coach prior to the match during the pre-match conference with the referee.
- The referee at any time may declare a break for the safety and welfare of the players without agreement of the coaches.

The break should be at a natural stoppage of play as close to the midpoint of the half as possible, and will be no longer than 2 minutes in duration. The game clock will continue to run during the water break.

Zero Tolerance Policy

It's For the Players

Sadly, abuse of referees by a very few people out of thousands, can create disruption far out of proportion to their number. The United States Soccer Federation, STYSA, KYSA and KYSC in particular, take primarily an educational approach to this problem through printed literature, public presentations and personal contacts. These educational efforts are backed up by official policies and appropriate disciplinary measures against offenders, including suspension or censure from the program. In addition, referees and coaches receive training in “sideline control” so as to minimize the impact of such negative disruptive conduct on players, the game, other adults and themselves.

The Board of Directors reaffirms its policy of “**Zero Tolerance**” with regard to the verbal or physical abuse of referees by coaches, spectators, and/or players. In particular, verbal vulgarities, ethnic comments, and sexual innuendo and/or harassment are viewed as extremely offensive, and physical aggression of any kind is absolutely prohibited. The Board will enforce this policy in accordance with the appropriate KYSA and STYSA procedures.

In addition, **KYSC Policy** provides that ***all referee decisions relating to the play of a match are final***. Protests will only be considered for other matters, such as player eligibility, playing time or the misapplication of the rules. The following rules have been implemented by KYSC with regard to the conduct of coaches and spectators:

- There are **no restrictions on general cheering**.
- **Negative comments or complaints** about the referee and his or her handling of the match **are not allowed under any circumstances**.
- **Coaches are responsible for the conduct of their team's parents**.
- Coaches and spectators must stay **one yard off the touchline** to allow players sufficient space to play the ball and to permit assistant referees visibility of the touchline.
- “Coaching” is the directing of players on the field and **spectators should refrain from coaching**.
- Sideline coaching is limited to **two coaches or assistant coaches from each team**, and they shall be limited to the **Technical Area**, which at **maximum** will be along the touchline **between the two penalty areas**. KYSC may reduce the *Technical Area* at its sole discretion.
- **U5/U6** coaches (one coach from each team) are permitted on the field to **guide their own team**, to encourage players from both teams, and to jointly referee the match.
- Coaches, spectators, and substitute players **may occupy the Technical Area, only on their team's side** of the field, opposite from their opponent, and within the same *Technical Area* described above. Spectators **may not watch the match from behind the goal lines**.
- Coaches and spectators **may not enter the field** during a game or during the quarter or half-time breaks **without the referee's explicit permission**.

Monitoring and Enforcement – typically, the referee officiating the match will enforce this policy. In addition, however, **KYSC Board Members, KYSA Officers, and off-duty KYSC Referees** will occasionally monitor matches, and **have the authority to require compliance** with this policy.



**Definitions of Violations of the 'Zero Tolerance' Policy
(From the STYSA Administrative Handbook)**

4.2 DEFINITIONS

4.2.2. Assault is an intentional act of physical violence. Assault includes, but is not limited to, the following acts: hitting, kicking, punching, slapping, choking, spitting at or on; grabbing or bodily running into; the act of kicking or throwing any object at another that could inflict injury; damaging a uniform or personal property; i.e., car, equipment (cards, whistle, notebook, etc.) or knocking equipment or other objects out of the hand.

4.2.3. Abuse is a verbal statement or physical act which implies or threatens physical harm to an individual. It also includes verbal abuse which is threatening, cursing, or demeaning a person or any member of his or her family.

4.2.4. Automatic Suspension shall mean that a coach, assistant coach, player, or spectator shall not participate in any STYSA, USYSA, or USSF sanctioned activity, including but not limited to games, practices, practice games, tournament play, or friendly games. The Member Association shall confiscate all player ID cards of the team members or player(s) suspended, until such person petitions the STYSA Appeals Committee for a hearing and the committee reinstates. An automatic suspension may only be imposed for allegations of referee assault as per USSF Policy 531-9 or the acquisition of excessive penalty points as per STYSA Rule 4.9.

Glossary

Use these terms to give direction during practice and to discuss certain plays in the game. Encourage your players to use the proper language. As you progress, you will become more conversant with the sport and will no doubt be able to expand the following list.

Terms applicable for most U5/U6 players, and also for U7 and older:

Center Circle – A circle in the center of the field, 3 yards in radius for U5/U6, 10 yards in radius for full sized fields (center circles are between 3 and 10 yds in radius for reduced sized fields); at the kick off, the defensive team must be positioned outside this circle on their half of the field.

Goal Line – The lines marking the ends of the field. If the ball crosses this line, one of three things results: 1) if the ball is in the net, a goal is scored, 2) if the ball is last touched by an offensive player, a goal kick is taken by the defensive team, 3) if the ball is last touched by a defensive player, a corner kick is taken by the offensive team.

Goal Side – A defender's position in which they are between the ball and the defender's goal; if a defender is not goal side of the approaching attacker, the attacker has an open shot on the goal.

Halfway Line – The line at midfield is used to line up the teams for the kick off, and also indicates when a player may be in an offside position (a player cannot be offside on their side of the field, and there is no offside rule for U8 and younger).

Touch Line – The lines on each side of the field. If the ball goes out of play completely over the touch line, it is returned to play by a kick in for U5/U6, a throw in for all older ages. A player may cross the touch line to play a ball that has not yet completely crossed the line.

Terms applicable to U7 and older players:

Center the Ball – To pass the ball from a wide position into the penalty area, in hope of setting up a shot on goal.

Cross the Ball – To pass the ball across the face of the opponent's goal.

Far Post / Back Post – The goal post that is farthest from where the ball is being played.

Goal – The goal is a vertical rectangle 8 feet high and 8 yards wide, as defined by the two upright posts and the crossbar. A ball that completely crosses the goal line between the posts and below the crossbar is a goal, or point.

Goal Area – The small box 6 yards out from the goal line. Goal kicks are taken from within this box.



Mark – A defensive player marks an opposing player by staying close to the other player to stop them from getting the ball. This is done by staying on the goal side, i.e., between the opposing player and the goal being defended.

Move to Open Space – Move away from all other players to an open space so that you might receive a pass. The player without the ball creates the opportunity for a teammate to pass the ball.

Near Post / Front Post – The goal post that is nearer to where the ball is being played. The goalkeeper often places a defender at the near post for a corner kick.

Offside and Offside Position – Come to the Referee Instruction Course.

Overlap – To run past a player on their “outside” shoulder so that you might receive a pass in the open space. A halfback might overlap the wing (forward), and continue on the attack after receiving a pass.

Penalty Area – The penalty area is an area at each end of the field measuring 44 yards wide and 18 yards deep. It is centered on the goal, such that the distance from each goal post to outer edge of the penalty area is 18 yards. Goalkeepers may use their hands while within the penalty area. A penalty foul (direct free kick) committed within the penalty area allows the fouled team to attempt a penalty kick.

Screen – maintain possession and protect the ball by keeping the body between the ball and an opponent.

Settle the Ball – To receive and control a ball that is bouncing, and settle it to the ground in order to pass, dribble, or shoot. Various traps are used to settle the ball.

Show Yourself – If there is a defender between you and your teammate with the ball, you should move to one side or the other to show yourself, to let your teammate see you so that the ball can be cleanly passed to you. This is important to help your goalkeeper clear the ball from the goal area, and to give your fullback a target when a goal kick is being taken.

Square It or Square Ball – To play the ball to one side rather than up the field. A center halfback might square the ball to one of the outside halfbacks.

Switch – To take the ball that is played on one side of the field and switch it over to the other side. This is often done by goalkeepers, after they save a shot from one side. Other players will find themselves in a position to switch the ball as well. The idea is to move the ball away from concentrated defenders.

Through Ball – To play the ball up the middle of the field for a fast offensive player who has a chance to beat the defense one-on-one. The start of a break away.

Time – When a coach or teammate tells the player with the ball “Time”, it means that the player does not have to make a quick play, but has time to settle the ball, and to look around for another teammate.



Parent Meeting Sample Outline

Feel free to use the following as a basis for your own parents' meeting.

Team XYZ Parents' Meeting

- Additional volunteers will be needed at various times during the season. Regina will soon recruit for Picture Day helpers.
- Rosters have been distributed, and include the schedule for game refreshments. Please advise as to address or phone corrections.
- Practice start time, duration, and location are on the roster. Parents should not leave their children at the practice field unless a coach is present, nor should they expect the coaches to hang around after practice.
- Albion Hurricanes F.C. Academy Youth Development offered on Friday nights is an excellent additional training opportunity for the players, with skills development provided by licensed trainers from Albion Hurricanes F.C.
- Players should arrive 45 minutes (perhaps 20 for U6 and younger, 30 for U7 – U9, 45 for U10 and older) before game time. Always call if you can't make a practice or a game so that I can adjust my plans.
- Every player must bring the correct size ball to every practice. Name and phone number should be written on the ball.
- Play with the kids at home. Good soccer players are those who have spent the most time with a ball. Encourage any activity that will increase their flexibility or endurance. Some of our children may have trouble going full speed for an entire game.
- Shin guards are required; a player may not participate at practice or play in a game without them. Soccer shoes should be worn (not required for younger divisions) at this level of play.
- General cheering is welcome, but parents are asked to refrain from shouting instructions at their children. Players have enough to concentrate on, and should be getting their direction from the coach. None of us should ever make any negative remarks toward any child, coach, or referee.
- "Coaching" will be done at the weekly practice session; on Saturdays, the kids play a game and we watch. Particularly as the players get older, I will provide less direction during games, other than helping them understand their position, making substitutions and helping them review their performance during the half time break. In the older divisions coaches are obliged to stay within ten yards of midfield. Spectators may spread out along the touch line, but no one may stand behind the goal line.
- At halftime, I may keep the team out on the field in a group, team and coaches only.
- Kids can drink all the water they want, and should bring jugs or bottles to practices and games. Wet towels are great for the first few games in September. Do not feed players a heavy breakfast or lunch before a game. A pre-game meal should be eaten about two or three hours before the game, but for early morning games a light breakfast of cereal and fruit and juice is good. Easy on the sugar.
- Juices are much better than any type of soda for the post game refreshment. Oranges at halftime are traditional.
- Kids need sleep before an early Saturday game – don't let them stay up late on Friday.
- Wash uniforms carefully, uniforms should not be worn to practice.
- Kids with glasses? ... not a problem, but straps might be a good idea.



- Somebody's child (probably several) will get to play goalkeeper this year. Goals will be scored on us, but goals are scored on a team, not just the keeper. We will work with several players to develop keeper skills. It will be difficult to spend sufficient time with the keepers. Those players who want to play in the goal will be expected to perform some specific exercises at home, and most of these drills will require an adult's assistance. Goalkeepers may want gloves, and they may wear sweat pants.
- Sponsorship of the team? If anyone's business, or any individual, would like to sponsor our team, please see me or the Team Representative. A sponsorship is \$200, and this money is a major reason for KYSC's financial health. As you are aware, KYSC has explicitly chosen to have a low registration fee aimed at attracting as many players as possible. However, the operating expenses can exceed such revenues by about \$40 per player. This difference needs to be made up by soliciting Team Sponsors and engineering other fund raising efforts. If you come upon some good ideas for fund raising, please feel free to contact one of the KYSC Board members listed on the Club web site.



What's all that noise from the sidelines?

Dr. Alan Goldberg is a nationally known expert in the field of applied sports psychology and the former sports psychology consultant for all of the teams at the University of Connecticut. He specializes in helping athletes overcome performance fears, blocks and slumps and perform to their potential.

Dr. Goldberg is a regular and popular presenter at coaches' clinics, colleges and high schools across the country as well as internationally. He is a frequent speaker at the Olympic Training Center in Colorado Springs and has presented regularly at national coaches' clinics including the National Soccer Coaches Association, US Youth Soccer, and American Youth Soccer. Dr. Goldberg is the author of 10 audiotape mental toughness training programs for athletes and 6 books on sports psychology and peak performance. He also writes on the subject of peak performance for a number of national publications including The NSCAA Soccer Journal and Soccer Junior. For the latest in mental toughness training products and services visit his site - www.competitivedge.com.

“What's all that noise from the sidelines?”

(Loud adult noise from the sidelines) “Shoot the ball! Kick it! Come on Billy; for God's sake shoot it! (The 10 year old who's related to the voice nervously tries to pass the ball to his nearest teammate but instead, it awkwardly dribbles off the side of his foot out of bounds. The boy's father is now yelling.) “Billy what the heck's wrong with you son? Are you that stupid? I said shoot it! Do it like I showed you! Now don't be lazy! Move your butt and go get that ball back! (The boy looks miserable and quickly glances over to the sidelines at his father before he hangs his head and runs after the ball. A few minutes later an opposing player cleanly tackles Billy and takes the ball away from him. The referee's whistle is silent. The father explodes at the official.) “Are you blind or what? Where's the foul? How can you not call anything there? That's a yellow card, ref! How can you not see that? (The referee trots over to the father and tells him to calm down. The father doesn't back down). “I wouldn't be complaining if you just did your job!” (The referee glares at the man and warns him to keep his mouth shut otherwise he will have him removed from the game. Suddenly it has become very quiet on the field as the game comes to an abrupt halt. Billy and a number of players from both teams stop and watch the altercation. Billy seems to be cringing in embarrassment, looking for a way to disappear.... Just another **FUN** day on the soccer field!)

In theory, soccer is supposed to be an enjoyable “game” organized *for* and played *by* kids. Its' purpose is to teach game skills, tactics and a love for physical activity. In addition, and when in the hands of *appropriate* adults, soccer provides its' young participants with a whole host of valuable life learning experiences like hard work as a vehicle for success, teamwork, good sportsmanship, healthy competition, mastering adversity in the pursuit of a goal and utilizing failure constructively, all of which are geared towards building self-confidence and leaving the child feeling better about himself. ***In theory!***

Unfortunately, as the above scenario all too commonly illustrates, the reality of today's youth soccer experience is vastly different. Misguided adults, both parents and coaches are inadvertently and selfishly distracting the child-athlete from what's really important and, in the process, killing his/her joy for the sport. Parents like Billy's, who get too caught up in the game's



outcome, who pressure their kids to perform, who are overly critical and demeaning when they make mistakes, insure that their child will consistently play well below their potential, seriously jeopardize the parent-child relationship and increase the likelihood that their child will soon become a sports drop-out statistic.

There's no question that the vast majority of parents mean well and want their children to be happy and successful. Towards this end, they are willing to sacrifice their time, energy and financial resources taxiing their kids to and from practices, getting them additional training, volunteering for team and club functions and spending countless hours on the sidelines at tournaments and games. Unfortunately, far too many parents do not know exactly what they should and shouldn't be doing to be the most helpful. Despite having positive intentions and their child's best interests at heart, these parents say and do things before, during and after games that distract the child from focusing on the actual game, increase his/her anxiety level and, as a consequence, sabotage his/her overall level of play.

So just how important is it for you as a parent that your child has a positive, enriching experience in this sport? Do you really want your son or daughter to perform to his/her potential? Are you truly interested in seeing smiles out there during games instead of tears and unhappiness? If your answer to these questions is a resounding "YES!" then there are very specific things that you can do as a parent to make these things happen. *Your* role in relation to your child's soccer is absolutely critical in determining the quality of *their* experience. If you adopt the appropriate behaviors and play the right role, then you will ensure that soccer brings a smile to your child's face and joy to his heart. If you play the wrong role and act like Billy's dad, then you'll end up making a significant contribution to your child's unhappiness and heartache.

So what's the right role? First and foremost your main "job" is to be your child's best fan. You need to be *unconditionally* supportive. If your child is having a bad game, then she needs your love and support far more than when she's playing out of her mind. After a tough loss or a poor outing she needs you to be positive, compassionate and loving. Providing feedback on what she did wrong or expressing your disappointment in her play is NOT what she needs and will only serve to make a painful situation much worse.

Along these lines, love and support does NOT mean that you coach from the sidelines. In fact, the **VERY WORST THING** that you as a parent can do is to "coach" from the sidelines. What's coaching? Offering "helpful" advice and strategy before and during the game, telling your child what to do and where to go, criticizing their play and getting angry with them when they make mistakes are all examples of off-limit, exceedingly destructive parental behaviors. After game critiquing is another example of VERY destructive parental coaching behavior. Understand that you are **NOT** helping your child when you coach. You will **NOT** get them to play better. You are **NOT** motivating them, even if you know the game and that's your intention! On the contrary! Coaching and critiquing from the sidelines will distract your child from the flow of the game, make him more nervous, kill his enjoyment and, as a consequence, *insure* that he will consistently play badly. In addition, keep in mind that your "helpful" sideline comments are most often experienced by your child as an embarrassment! Coaching behaviors are only appropriate from the coaches, **NOT** the parents.

Instead, parents should smile from the sidelines, cheer for good execution regardless of which side it comes from, and encourage fair play and good sportsmanship. This means that you as a parent need to *model* appropriate, mature behaviors during the game. Yelling at your child, his teammates or the opponents is NOT mature, appropriate behavior. Loudly critiquing the



officiating is NOT mature or appropriate either. It is NOT your job to critique the referees. Regardless of how well you may know this game, your calls are not better than the referees'. Excuse me, but you are just a tad bit biased in this situation! Loudly complaining to the ref every time he makes a "bad call" is not only an embarrassment to your child, but it's quite selfish on your part. It takes the focus of the game off of the kids where it belongs and puts it on YOU. Remember, soccer is about the kids, NOT the adults.

Along these same lines it is NOT appropriate for you to spend your sideline time grumbling to other parents about your team's coaches and the playing or tactical decisions that they make. If you have a problem with the coaches then deal with them at an appropriate time and place, NOT just before, during or right after a game. Most coaches are volunteers, are grossly underpaid for their time and are doing the best job that they know how. What they need from you is your support and help, NOT your disdain and criticism.

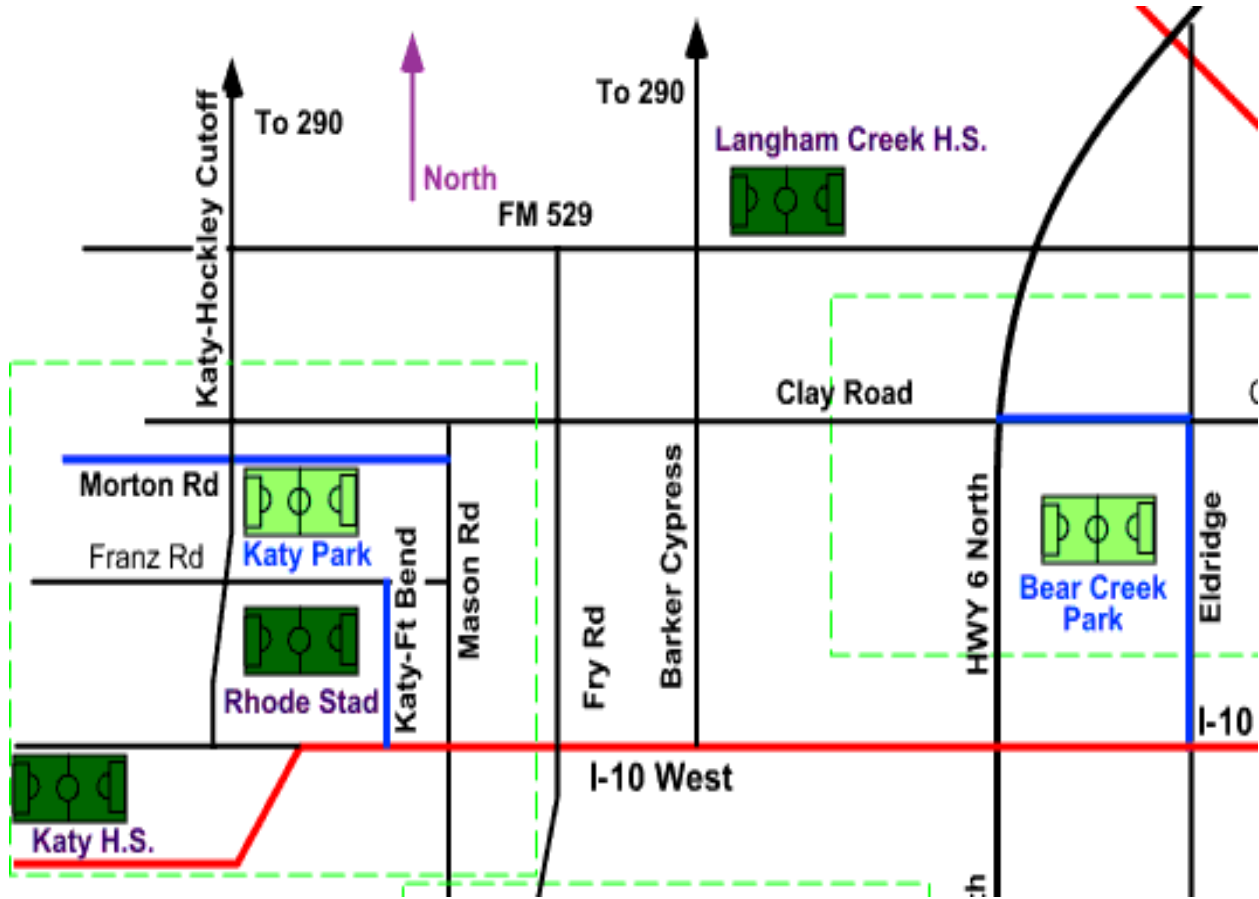
Finally, try to act on the sidelines in a way that would make your son or daughter proud to have you as a parent. Remember, your child is not the only one that's performing during the game. You are also a performer and the quality of *their* experience is in *your* hands. Conduct yourself in such a way that you clearly communicate to your child and those around you that this is just a game *for* children, played *by* children. That is, you need to keep the proper perspective at all times. If there are other parents around you who are unable to maintain this kind of perspective, notify the team's coach or league officials. It's not your job to get in the face of another parent for misbehaving. Let the coach or parent board educate them at the next parents' meeting.

Remember, soccer is a wonderful vehicle to help your children learn valuable life lessons. Do your part to insure that the lessons that they learn are constructive and positive.



Field Maps

To reduce traffic at Katy Park main entrance, please try to enter from the west side of the park on Katy-Hockley Cutoff and exit at the Morton Ranch Road gate heading east towards Mason Road..



**Bear Creek Soccer Club
Bear Creek Community Park**



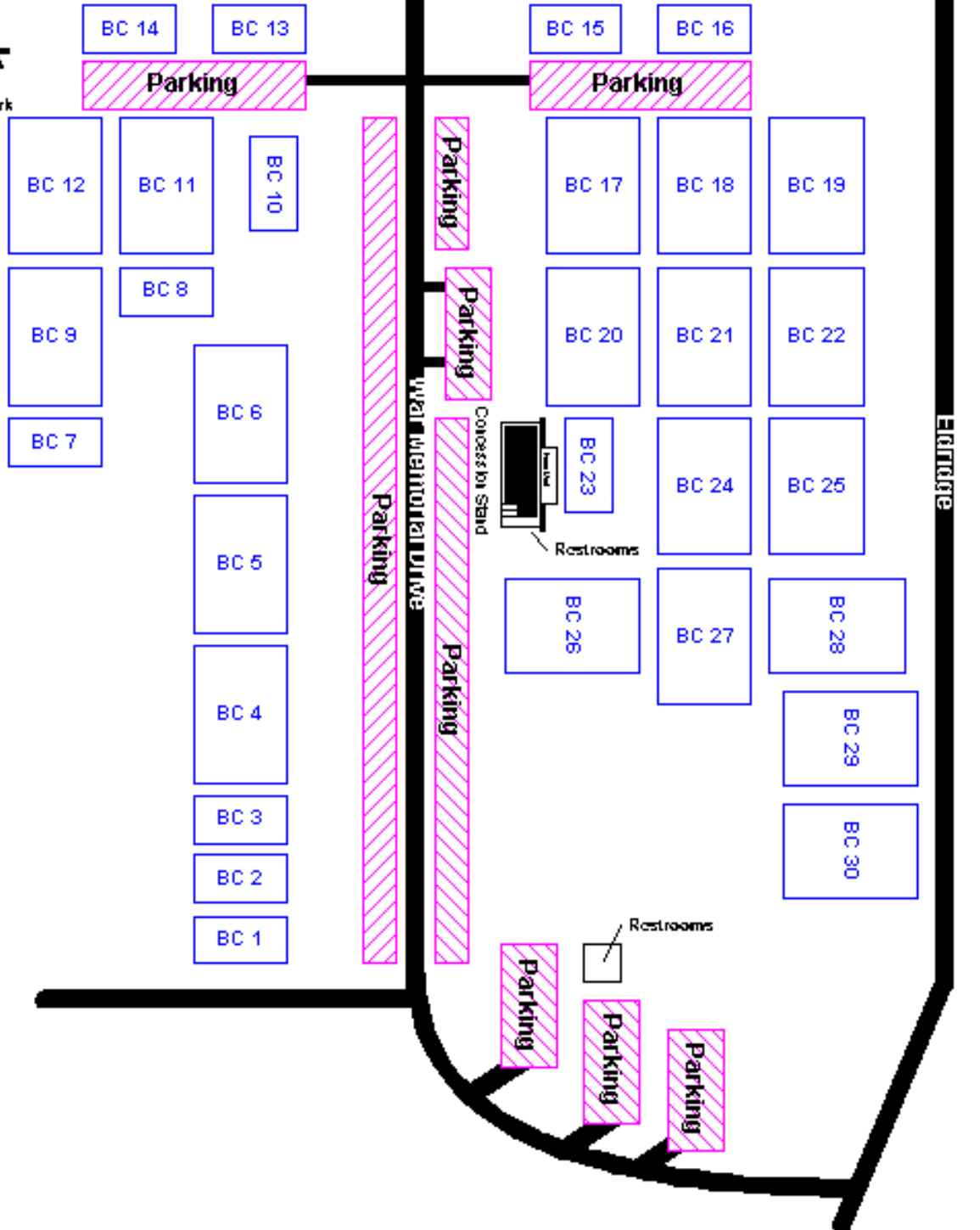
To Highway 6



Bear Creek Community Park

15015 Clay Road
Houston, TX

Clay Road



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KATY YOUTH SOCCER CLUB

Team Sponsor Form

TEAM COACH: _____

TEAM COLORS: _____

Please circle **Division:** Boys Girls COED (U5/U6)

Please circle **Age Group:** U5 U6 U7 U8 U9 U10 U11 U12
 U13 U14 U15 U16 U17 U18

SPONSOR NAME: _____

(As it should read on back of jersey)

SPONSOR NAME: _____

(As it should read on KYSC website)

CONTACT/Phone #: _____ / _____

Name on check and check #: _____

ALL CHECKS should be made payable to KYSC for \$200.

Fill out this form, attach check, and deliver with **CLEAN**** uniforms to:

BRAMMER'S ATHLETIC WEARHOUSE
5017 East Fifth Street in Katy

Phone: 281-391-1441 :: www.brammers.net

Uniforms need to be dropped off no later than noon on Tuesday to get them back by Friday.

Questions about sponsors?

Contact KYSC Treasurer at: treasurer@katyyouthsoccer.com

*****uniforms must be clean in order for the screening to adhere properly. If you're collecting uniforms after a game, please wash the uniforms prior to delivering to Brammer's.***





U5/U6 Supplement

Small Sided Games – The 3 v 3 Format

The Purpose of The 3 v 3 Format

In August, US Youth Soccer's State Associations, including Katy Youth Soccer Association, approved changes to the Policy on Players and Playing Rules that require U5 and U6 games to be played with **three players on each team**.

Following are just a few of the reasons this will improve the enjoyment and development of our young players:

- Player development (and enjoyment!) has been systematically proven to be directly related to the number of “touches” (times a player contacts the ball). Smaller teams means less sharing, and more opportunity for “touches”.
- A 6-year-old relates to and co-operates with one or two friends (accepted educational psychology).
- One ball among 6 guarantees the opportunity for all players to kick, dribble – and score!
- Three makes a triangle – the basic tactical unit of soccer.
- The 3-a-side game has always been played naturally by youngsters around the world. Many of the worlds' greatest players developed in this “street soccer” type environment. In the United States, “street soccer” is not as common, and formal soccer organizations are compensating by introducing small-sided games which simulate the fun “street soccer” environment.

3 v 3 - Rules, Tips and Guidelines

All KYSC games will be played according to the international (FIFA) Laws of the Game currently in effect, except as amended by the following US Youth Soccer guidelines specifically for U5 and U6.

Field / Ball / Goals

- Small rectangular fields
- No penalty area
- The Center Circle has a 3 yard radius
- A size 3 ball is used
- Goals are small freestanding “hockey sized” goals

Players / Equipment

- No Goal Keeper.
- EVERYONE plays a minimum of 50% of the game. Substitutions are allowed any time the ball is out of play.
- Shin guards are MANDATORY.



- Personal adornments such as earrings, bracelets, hard hair accessories, watches, etc. are NOT permitted.
- Casts (soft or hard) and hard braces or supports are NOT permitted.
- Each player must wear their team uniform, including jersey, shorts, and socks.
- Shoes can be tennis shoes or soft-cleat soccer shoes.

Start of Play

Before the game decide who will kick off to begin the game, and then change the kick off team at the beginning of each quarter. Kick-off is intended to ensure possession and must go forward. The objective is to kick to a teammate, not to kick to the other team.

All players must be in their own half of the field with one team kicking off. Opponents must be outside the center circle (approx. 3 yards from the center mark) at the kick-off.

Ball In and Out of Play

When the WHOLE of the ball goes over the WHOLE of a boundary line, the ball is out of play. Putting the ball back in play will be discussed later.

Remember – the fun of the game is the movement of the ball. The fun stops when the game stops. Try to keep the ball moving and not be too eager to call the ball out of play.

Fouls and Misconduct

Fouls can and will occur even at this level. All fouls result in an **indirect kick** awarded to the opposing team, with opponents at least 3 yards away.

All Free Kicks will be indirect. Indirect kicks (meaning the ball must be touched by two or more players, regardless of team, before crossing the goal line between the goal posts to be awarded a goal) are awarded for such infractions as the following:

- Kicking, tripping, pushing, striking, or holding an opponent.
- Deliberately touching the ball with ones hands
- Penalty Kicks are not used in U5 and U6

Restarts

- **Throw-in** is replaced by the **Kick-in**. When the ball goes completely over one of the longer boundary lines last touched by a player on Team “A”, a player on Team “B” kicks the ball back in to play. Opponents should stay 3 yards away from the ball until it is kicked.
- **Goal Kicks** – If the team attempting to score a goal kicks the ball over the goal line outside the goal posts, the opposing team puts the ball back into play with a goal kick. The kick should be taken within 2-3 yards of the goal, and opposing players should be 5-6 yards away.



- **Corner Kick** – If the team defending against a goal being scored, kicks the ball over the goal line outside the goal posts, the opposing team puts the ball back into play with a corner kick.

Game Length / Quarter and Half Time Breaks

- The game is divided into four (4) equal, eight (8) minute quarters.
- There should be a two (2) minute break between quarters one and two, and another two (2) minute break between quarters three and four.
- The half time break should be five (5) minutes.
- The Home Team provides a time keeper.

The Dual Field Method

Short-sided games are achieved by splitting each team into two “squads”, with the same number of players on each squad. On game day, both squads will play simultaneous games on adjacent fields. Here are some tips for making this method work.

- Recruit an Assistant Coach! On game day, he/she can guide the players on one field, while you guide the players on the other. In selecting your assistant, keep in mind that prior knowledge of soccer is not nearly as critical as a positive, supportive demeanor.
- Prior to the game, decide how you’ll split your team into the dual “squads”, so that both are reasonably balanced.
- Consider switching with your assistant for the second half, so that both of you have an opportunity to interact with the whole team.
- Feel free to make adjustments at half time (switching players between squads) if necessary to help with lopsided scoring.
- Coaches on the Field - One coach from each team MAY be on the field with each squad, for player support and coaching purposes only.

Short-sided games, and the accompanying Law Modifications, are intended to encourage all players to get “more touches on the ball” Touching the ball is the central purpose of the game from a training perspective. The “score of the game” never counts and should not be actively considered.

Game Officials

NO Referee is used. The Coaches (and assistant coaches) serve the role of Referee. Their job is to keep the playing environment **FUN, SAFE** and focused on the children. Duties are the same as a Referee under the FIFA Laws of The Game: keep time, enforce the rules, stop and restart play. When you stop play for a foul or other reason, take the time to explain to the players **WHY!** This is their first experience with soccer, too, and the best time to educate all on the Laws of The Game.

U7 Supplement

Small Sided Games

The Purpose of the Small Sided Format

In August 2003, US Youth Soccer's State Associations, including Katy Youth Soccer Association, approved changes to the Policy on Players and Playing Rules that require younger players play in a small sided format.

Following are a few of the reasons this will improve the enjoyment and development of our young players:

- Player development (and enjoyment!) has been systematically proven to be directly related to the number of "touches" (times a player contacts the ball). Smaller teams means less sharing, and more opportunity for "touches".
- Younger players relate to and co-operate with fewer friends at a given time (accepted educational psychology).
- One ball among fewer players guarantees the opportunity for all players to kick, dribble – and score!
- Three makes a triangle – the basic tactical unit of soccer.
- The smaller sided games have always been played naturally by youngsters around the world. Many of the worlds' greatest players developed in this "street soccer" type environment. In the United States, "street soccer" is not as common, and formal soccer organizations are compensating by introducing small-sided games which simulate the fun "street soccer" environment.

4 v 4 - Rules, Tips and Guidelines

All KYSC games will be played according to the international (FIFA) Laws of the Game currently in effect, except as amended by the following US Youth Soccer guidelines developed specifically for U7.

Player/Spectator Seating

Teams will occupy one side of the field and spectators will occupy the opposite side. Spectators of the team must remain on the same end as their team, but on the opposite side. There is no sitting behind the goals.

All persons are required to stay a minimum of (1) yard behind the touch line. Coaches, team officials and players may only occupy the area from the penalty area to the mid-line on the same side of the mid-line as their team occupies.

Coaching from the side-line should be limited to (2) coaches (either the head coach and (1) assistant coach or (2) assistant coaches). The adults on the player sideline must be affiliated with the team and registered with the club. All adults on the players sideline must comply with the STYSA KidSafe Policy.

Field / Ball / Goals

- Small rectangular fields
- A goal area 3 yards out from each goal post, and 3 yards out from the goal.
- The Center Circle has a 4 yard radius



- A size 3 ball is used
- Goals are appropriately sized for the no-goalkeeper format.

Players / Equipment

- No Goal Keeper.
- EVERYONE plays a minimum of 50% of the game. Substitutions are allowed any time the ball is out of play.
- Shin guards are MANDATORY.
- Personal adornments such as earrings, bracelets, hard hair accessories, watches, etc. are NOT permitted.
- Casts (soft or hard) and hard braces or supports are NOT permitted.
- Each player must wear their team uniform, including jersey, shorts, and socks.
- Shoes can be tennis shoes or soft-cleat soccer shoes.

Start of Play

Before the game decide who will kick off to begin the game by coin toss, then change the kick off team at the beginning the second half. Kick-off is intended to ensure possession and must go forward. The objective is to kick to a teammate, not to kick to the other team.

All players must be in their own half of the field with one team kicking off. Opponents must be outside the center circle (approx. 4 yards from the center mark) at the kick-off.

Ball In and Out of Play

When the WHOLE of the ball goes over the WHOLE of a boundary line, the ball is out of play. Putting the ball back in play will be discussed later.

Remember, the fun of the game is the movement of the ball. The fun stops when the game stops, so try to keep the ball moving and not be too eager to call the ball out of play.

Fouls and Misconduct

Fouls can and will occur even at this level. All fouls result in an **indirect kick** awarded to the opposing team, with opponents at least 4 yards away.

Slide tackles are not allowed at this age and will be considered a foul.

All Free Kicks will be indirect. Indirect kicks (meaning the ball must be touched by two or more players, regardless of team, before crossing the goal line between the goal posts to be awarded a goal) are awarded for such infractions as the following:

- Kicking, tripping, pushing, striking, or holding an opponent.
- Deliberately touching the ball with ones hands.
- Tackles an opponent to gain possession of the ball, making contact with the opponent before touching the ball.



- Plays in a dangerous manner.
- Impedes the progress of an opponent.

Soccer is a contact sport and each action is dealt with at the time it occurs.
The game official will explain the foul in simple terms, restart, and let the game continue.

Restarts

- **Throw-ins** – some U7 players do not yet have the eye-hand coordination to execute a throw-in to the letter of the law. One 'do-over' per thrower should be the normal response if the throw-in is incorrect. The adult officiating the match should explain to the child how to execute the throw-in correctly.
- **Goal Kicks** – If the team attempting to score a goal kicks the ball over the goal line outside the goal posts, the opposing team puts the ball back into play with a goal kick. The kick should be taken within 2-3 yards of the goal, and opposing players should be 4 yards away.
- **Corner Kicks** – If the team defending against a goal being scored kicks the ball over the goal line outside the goal posts, the opposing team puts the ball back into play with a corner kick with the opposing team 4 yards away. Corner Kicks are Indirect Free Kicks.

Game Length / Quarter and Half Time Breaks

- The game is divided into four (4) equal, ten (10) minute quarters. The quarter break makes it easy for the coach to give each player equal time and allows a bit of rest between quarters.
- There should be a two (2) minute break between quarters one and two and another two (2) minute break between quarters three and four.
- The half time break should be five (5) minutes.

Game Officials

Referees will be supplied for U7 and U8 teams. Their job is to keep the playing environment FUN, SAFE and focused on the child. The Duties of the Referee under the FIFA Laws of The Game: keep time, enforce the rules, stop and restart play. When the referee stops play for a foul or other reason, he will take the time to explain to the players WHY! This is their first experience with soccer, too, and the best time to educate all on the Laws of The Game.

U8 Supplement

Small Sided Games

The Purpose of the Small Sided Format

In August 2003, US Youth Soccer's State Associations, including Katy Youth Soccer Association, approved changes to the Policy on Players and Playing Rules that require younger players play in a small sided format.

Following are a few of the reasons this will improve the enjoyment and development of our young players:

- Player development (and enjoyment!) has been systematically proven to be directly related to the number of “touches” (times a player contacts the ball). Smaller teams means less sharing, and more opportunity for “touches”.
- Younger players relate to and co-operate with fewer friends at a given time (accepted educational psychology).
- One ball among fewer players guarantees the opportunity for all players to kick, dribble – and score!
- Three makes a triangle – the basic tactical unit of soccer.
- The smaller sided games have always been played naturally by youngsters around the world. Many of the worlds’ greatest players developed in this “street soccer” type environment. In the United States, “street soccer” is not as common, and formal soccer organizations are compensating by introducing small-sided games which simulate the fun “street soccer” environment.

5 v 5 (Including Keepers) - Rules, Tips and Guidelines

All KYSC games will be played according to the international (FIFA) Laws of the Game currently in effect, except as amended by the following US Youth Soccer guidelines developed specifically for U8.

Player/Spectator Seating

Teams will occupy one side of the field and spectators will occupy the opposite side. Spectators of the team must remain on the same end as their team, but on the opposite side. There is no sitting behind the goals.

All persons are required to stay a minimum of (1) yard behind the touch line. Coaches, team officials and players may only occupy the area from the penalty area to the mid-line on the same side of the mid-line as their team occupies.

Coaching from the side-line should be limited to (2) coaches (either the head coach and (1) assistant coach or (2) assistant coaches). The adults on the player sideline must be affiliated with the team and registered with the club. All adults on the players’ sideline must comply with the STYSA KidSafe Policy.

Field / Ball / Goals

- Small rectangular fields
- A goal area 3 yards out from each goal post, and 3 yards out from the goal.



- The Center Circle has a 4 yard radius
- A size 3 ball is used
- Goals are appropriately sized for the U8 format which includes goalies.

Players / Equipment

- Each team will use a Goal Keeper.
- **EVERYONE** plays a minimum of 50% of the game. Substitutions are allowed any time the ball is out of play with the permission of the referee.
- The Goalkeeper **MUST** be substituted at each Quarter break. A **MINIMUM** of **4 DIFFERENT** players must occupy the Goalie position during **EVERY** game. The intent of this rule is to have a player occupy the Goalie position for an entire Quarter, however Goalie substitutions can be made for injury at any time during the match with the permission of the referee. A player **MUST NOT** play the Goalie position for more than one full Quarter in any one match.
- The Goalie must wear a shirt of different color than the Home Team color AND the Visitor Team color (a pennie or t-shirt worn over the normal uniform is OK, have two different colors available to insure the goalie is a different color from both the Home and Visitor Team.)
- The Goalie is **NOT PERMITTED TO PUNT THE BALL**. The Goalie must throw the ball back into play. Opposing players must remain 4 yards away from the goalie once the goalie establishes possession of the ball. Once the goalie has established possession of the ball, he/she has 10 seconds to put the ball back into play.
- Shin guards are **MANDATORY**.
- Personal adornments such as earrings, bracelets, hard hair accessories, watches, etc. are **NOT** permitted.
- Casts (soft or hard) and hard braces or supports are **NOT** permitted.
- Each player must wear their team uniform, including jersey, shorts, and socks.
- Shoes can be tennis shoes or soft-cleat soccer shoes.

Start of Play

Before the game decide who will kick off to begin the game by coin toss, then change the kick off team at the beginning the second half. Kick-off is intended to ensure possession and must go forward. The objective is to pass to a teammate, not to kick to the other team.

All players must be in their own half of the field with one team kicking off. Opponents must be outside the center circle (approx. 3 yards from the center mark) at the kick-off.

Ball In and Out of Play

When the **WHOLE** of the ball goes over the **WHOLE** of a boundary line, the ball is out of play. Putting the ball back in play will be discussed later.

Remember, the fun of the game is the movement of the ball. The fun stops when the game stops, so try to keep the ball moving and not be too eager to call the ball out of play.



Fouls and Misconduct

Fouls can and will occur at this level. Slide tackles are not allowed at this age and will be considered a foul. Back passes are permitted.

Conform to FIFA with the exception that an indirect free kick is awarded to the opposing team at the center spot on the halfway line if a goalkeeper punts or drop-kicks the ball in the air from his/her penalty area into the opponents penalty area.

On a free kick the distance that defending players must be away from the ball until it is kicked is 4 yards.

Soccer is a contact sport and each action is dealt with at the time it occurs.
The game official will explain the foul in simple terms, restart, and let the game continue.

Restarts

- **Throw-ins** – some U8 players do not yet have the eye-hand coordination to execute a throw-in to the letter of the law. One 'do-over' per thrower should be the normal response if the throw-in is incorrect. The adult officiating the match should explain to the child how to execute the throw-in correctly.
- **Goal Kicks** – If the team attempting to score a goal kicks the ball over the goal line outside the goal posts, the opposing team puts the ball back into play with a goal kick. The kick should be taken within 2-3 yards of the goal, and opposing players should be 4 yards away.
- **Corner Kicks** – If the team defending against a goal being scored kicks the ball over the goal line outside the goal posts, the opposing team puts the ball back into play with a corner kick with the opposing team 4 yards away. Corner Kicks are Indirect Free Kicks.

Game Length / Quarter and Half Time Breaks

- The game is divided into four (4) equal, ten (10) minute quarters. The quarter break makes it easy for the coach to give each player equal time and allows a bit of rest between quarters.
- There should be a two (2) minute break between quarters one and two and another two (2) minute break between quarters three and four.
- The half time break should be five (5) minutes.

Game Officials

Referees will be supplied for U8 matches. Their job is to keep the playing environment FUN, SAFE and focused on the child. The Duties of the Referee under the FIFA Laws of The Game: keep time, enforce the rules, stop and restart play. When the referee stops play for a foul or other reason, he will take the time to explain to the players WHY! This is their first experience with soccer, too, and the best time to educate all on the Laws of The Game.



U9 Supplement

Small Sided Games

The Purpose of the Small Sided Format

In August 2003, US Youth Soccer's State Associations, including Katy Youth Soccer Association, approved changes to the Policy on Players and Playing Rules that require younger players play in a small sided format.

Following are a few of the reasons this will improve the enjoyment and development of our young players:

- Player development (and enjoyment!) has been systematically proven to be directly related to the number of “touches” (times a player contacts the ball). Smaller teams means less sharing, and more opportunity for “touches”.
- Younger players relate to and co-operate with fewer friends at a given time (accepted educational psychology).
- One ball among fewer players guarantees the opportunity for all players to kick, dribble – and score!
- Three makes a triangle – the basic tactical unit of soccer.
- The smaller sided games have always been played naturally by youngsters around the world. Many of the worlds’ greatest players developed in this “street soccer” type environment. In the United States, “street soccer” is not as common, and formal soccer organizations are compensating by introducing small-sided games which simulate the fun “street soccer” environment.

7 v 7 (Including Keepers) Rules, Tips and Guidelines

All KYSC games will be played according to the international (FIFA) Laws of the Game currently in effect, except as amended by the following US Youth Soccer guidelines developed specifically for U9.

Player/Spectator Seating

Teams will occupy one side of the field and spectators will occupy the opposite side. Spectators of the team must remain on the same end as their team, but on the opposite side. There is no sitting behind the goals.

All persons are required to stay a minimum of (1) yard behind the touch line. Coaches, team officials and players may only occupy the area from the penalty area to the mid-line on the same side of the mid-line as their team occupies.

Coaching from the side-line should be limited to (2) coaches (either the head coach and (1) assistant coach or (2) assistant coaches). The adults on the player sideline must be affiliated with the team and registered with the club. All adults on the players sideline must comply with the STYSA KidSafe Policy.



Field / Ball / Goals

- Small rectangular fields, width: minimum 35 yards maximum 45 yards
Length: minimum 45 yards maximum 60 yards.
- The goal area: Extends 6 yards out from each goalpost, and 6 yards out from the goal.
- The penalty area: Extends 14 yards out from inside of each goalpost and 14 yards out from the inside of the goal post extended into the field of play. Within each penalty area a penalty mark is made 8 yards from the midpoint between the goalposts and equidistant to them.
- The Center Circle has a 8 yard radius.
- A size 4 ball is used.
- Goals are 18 feet wide by 6 feet high.

Players / Equipment

- The maximum number of players per team shall be (12).
- Each team during a game shall play with no more than six (6) players on the field at a time, including a goalkeeper.
- **EVERYONE** plays a minimum of 50% of the game. Substitutions are unlimited and allowed any time the ball is out of play.
- Shin guards are MANDATORY.
- Personal adornments such as earrings, bracelets, hard hair accessories, watches, etc. are **NOT** permitted.
- Casts (soft or hard) and hard braces or supports are NOT permitted.
- Each player must wear their team uniform, including jersey, shorts, and socks.
- Shoes can be tennis shoes or soft-cleat soccer shoes.

Start of Play

Before each game the referee will decide who will kick off to begin the game by coin toss, then change the kick off team at the beginning the second half. Kick-off is intended to ensure possession and must go forward. The objective is to kick to a teammate, not to kick to the other team.

All players must be in their own half of the field with one team kicking off. Opponents must be outside the center circle (approx. 8 yards from the center mark) at the kick-off. Restart of play: the defending players must be 8 yards away from the ball until it is kicked.

Offside

For U9, players will be called for offside position only if the offense is blatant, or chronic. The application of an offside violation will be at the sole discretion of the official. This policy is intended to guard against the “lone wolf” player maintaining an offside position consistently away from the play.



Ball In and Out of Play

When the WHOLE of the ball goes over the WHOLE of a boundary line, the ball is out of play. The rule on the goalkeeper's distribution still allows for the ball to be punted the entire length of the field, it just cannot go directly into the opponents' penalty area.

Fouls and Misconduct

Conform to FIFA with the exception that an indirect free kick is awarded to the opposing team at the center spot on the halfway line if a goalkeeper punts or drop-kicks the ball in the air from his/her penalty area into the opponents penalty area.

On a free kick the distance that defending players must be away from the ball until it is kicked is 8 yards.

Soccer is a contact sport and each action is dealt with at the time it occurs.
The game official will explain the foul in simple terms, restart, and let the game continue.

Restarts

- **Throw-ins** – some U9 players do not yet have the eye-hand coordination to execute a throw-in to the letter of the law. One 'do-over' per thrower should be the normal response if the throw-in is incorrect. The Referee officiating the match should explain to the child how to execute the throw-in correctly.
- **Goal Kicks** – If the team attempting to score a goal kicks the ball over the goal line outside the goal posts, the opposing team puts the ball back into play with a goal kick. The kick should be taken any point within the goal area by a player of the defending team. Opponents remain outside the penalty area until the ball is in play. The kicker does not play the ball a second time until it has touched another player. The ball is in play when it is kicked directly beyond the penalty area.
- **Corner Kicks** – If the team defending against a goal being scored kicks the ball over the goal line outside the goal posts, the opposing team puts the ball back into play with a corner kick with the opposing team 8 yards away.
- **Penalty Kicks** – players other than the kicker and defending goalkeeper are at least 8 yards from the penalty mark. The kicker does not play the ball a second time until it has touched another player.

Game Length / Half Time Breaks

- The game is divided into two (2) equal, twenty-five (25) minute halves.
- The half time break should be five (5) minutes.

Game Officials

Referees will be supplied for U9 teams. Their job is to keep the playing environment FUN, SAFE and focused on the child. The Duties of the Referee under the FIFA Laws of The Game: keep time, enforce the rules, stop and restart play. When the referee stops play for a foul or other reason, he will take the time to explain to the players WHY! This is their first experience with soccer, too, and the best time to educate all on the Laws of The Game.



Water Breaks

Water breaks will be granted at the U9 level and above for proper player hydration and safety. This break will be given at a normal stoppage of play during the midpoint of each half and will be mandatory based on the following conditions:

- The heat index is above 85° at game time as determined by a league official onsite at the fields.
- If requested by either coach prior to the match during the pre-match conference with the referee.
- The referee at any time may declare a break for the safety and welfare of the players without agreement of the coaches.

The break should be at a natural stoppage of play as close to the midpoint of the half as possible, and will be no longer than 2 minutes in duration. The game clock will continue to run during the water break.





In Cooperation with Albion Hurricanes FC West

The Katy Youth Soccer Club Player Development Program
Supplemental Training for Girls and Boys U8 - U16



[Register online @ www.katyyouthsoccer.com/skills.htm](http://www.katyyouthsoccer.com/skills.htm)

Katy Youth Soccer Club (KYSC) is pleased to sponsor KYSC Academy for U8 - U16 players. Led by Albion Hurricanes FC West (AHFCW) Girls Director of Training, Ivan Ruddle, and AHFCW Boys Director of Training, Brian Haynes, this optional program is designed to help our young players develop their technical skills and to supplement their regular KYSC team practices and games. Players will still practice and play their regular spring season schedule with their KYSC team but will learn skills that will enhance their contribution. Players currently registered with KYSC and born between August 1, 1995 and July 31, 2004 are eligible.

Sessions are conducted on Friday nights @ Katy Park

Sept. 16 Sept. 23 Sept. 30 Oct. 7 Oct. 14 Oct. 21 Oct. 28 Nov. 4

- Eight sessions are anticipated, weather permitting
- **Cost: one-time registration fee of \$25 (covers all eight sessions)**

T-Shirt Included in Registration Fee

- **Registration will only be accepted online and begins on August 17** at katyyouthsoccer.com

Themes covered include:

- Passing / Receiving
- Dribbling / Shooting
- Heading
- Turning
- Ball Control
- Lots of Technical Instruction (Ball Skills)

<u>Age Group</u>	<u>Birth Date</u>	<u>Duration</u>	<u>Time</u>
Under 8	(08/01/03-07/31/04)	1 hour sessions	5:30pm – 6:30pm
Under 9 Under 10	(08/01/02-07/31/03) (08/01/01-07/31/02)	1 hour sessions	6:30pm – 7:30pm
Under 11- Under 16	(08/01/95-07/31/01)	1 hour sessions	7:30pm – 8:30pm

All players will increase their enjoyment through development of Coordination, Technical Abilities, Conditioning, Tactics, and Knowledge of the Rules.

All players considering trying out for Albion Hurricanes FC West or High School teams will receive excellent preparatory training.

Questions? Contact:

Mark Torti

player-develop@katyyouthsoccer.com





Player Development Program



Goal and Objectives

Katy Youth Soccer Club, in cooperation with the professional trainers of Albion Hurricanes FC West, is proud to present the KYSC Academy Player Development Program. The goal of the Academy is to introduce the skills needed to play soccer at a competitive level. The players will use these introductory skills as building blocks from U-8 through U-10. If the player joins at the U-8 level and continues through U-10 and beyond to U11-16, does the homework and is an active and willing participant then, as he moves to the full size field in the 11 x11 game she/he should possess the ability to enjoy the game in a competitive environment.

The objective of the program is the development of the player incorporating the following principles:

- 1. Enjoyment** Enjoying cooperative play, learning to play and enjoying practice.
- 2. Coordination** Improving coordination of ball and body movement: gaining a feel for the ball.
- 3. Technical Abilities** All basic forms of movement and techniques with and without an opponent.
- 4. Conditioning** Improving quickness and coordination by running and playing games.
- 5. Tactical Skills** Playing within a designated space, learning to deal with typical situations that develop within that space.
- 6. Knowledge of Rules** Adhering to rules of game and sportsmanship.
- 7. Competitive Application** Opportunity to apply all of the above in fun, competitive, game situations with other Academy team members.

Contact:

Mark Torti

player-develop@katyyouthsoccer.com

Coordinator – Player Development, Katy Youth Soccer Club



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